



Newsletter

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@HeadwayBC



www.facebook.com/braininjuryadultsurvivors

Please Vote for Us !

Our Sensory and Kitchen Garden Project has been selected for the customer vote for a Bags of Help grant from Tesco.

"Bags of Help" is a scheme which gives community projects like us grants of up to £4,000 – all raised from the sale of carrier bags in Tesco stores.

The public will now vote in store during September and October on who should receive the awards.

To vote, you will need to make a purchase within store of any value. You will receive one token per transaction and it's not necessary to purchase a carrier bag in order to receive a token.

You can vote for our scheme at any of the following stores in Dudley and Kingswinford:

Dudley Tesco Extra
Gornal, Dudley, Tesco Express
Bromley Lane, Kingswinford Tesco Express
Highland Road, Dudley Tesco Express
Moss Grove, Kingswinford, Tesco Express
Pensnett High Street, Tesco Express

Please support us in your local store!



Tesco teamed up with a national charity, Groundwork, to launch Bags of Help in 2015. You can find out more about Bags of Help at: www.tesco.com/bagsofhelp

Visual Problems after Brain Injury

Vision is one of our most important senses, yet a brain injury can affect it in a number of ways. Visual problems following brain injury can affect both the quality of information received by the brain and interpretation of the information received.

In Headway UK's new factsheet, Visual Problems after Brain Injury, common visual problems after brain injury are explained, including issues such as visual field loss, double vision and visual agnosia, among others. The impact of visual problems on day-to-day living are also discussed.

The factsheet is the latest addition to Headway UK's range of award winning publications - see <https://www.headway.org.uk/about-brain-injury/individuals/information-library/>

Marathon Fund Raiser

Dudley Council Chief Executive Sarah Norman is in training for the Richmond Runfest marathon which takes place in London on Sunday September 16th. She will be raising money for the Mayor of Dudley's chosen charities which includes Headway Black Country alongside White House Cancer Support and The Hope Centre, Halesowen.

Sarah, who is a keen runner, has said *"I have enjoyed running for a long time and I try to compete in a marathon every year. This time I have decided to use my hobby to raise money for three excellent local charities. All of them provide valuable help for people in the Black Country and I hope that people will use this opportunity to donate and help people in need."*



You can sponsor Sarah at; <https://mydonate.bt.com/fundraisers/sarahnorman3>

From Headway UK; More than 1,600 extra trauma victims alive today says major new study

A study released by NHS England has shown that more than 1,600 extra trauma victims are alive today thanks to the creation of major trauma centres (MTCs).

The independent report compiled by the Trauma Audit and Research Network (TARN) also highlighted that patients spent fewer days in hospital and had improved quality of life after receiving critical care.

This positive news shows the significant impact the centres have had since their creation in 2012.

Peter McCabe, Chief Executive of Headway, said: *"These results are very impressive and the development of MTCs would appear to be having the desired effect."*

Headway was founded in 1979 on the back of advances in neurosurgical techniques that meant more people were surviving serious head injuries. Sadly, these advances at the time were not matched by the provision of expert community-based rehabilitation services and Headway was formed to try to fill the void by supporting families and individuals affected.

There are some obvious parallels as we now approach our 40th anniversary. Too many brain injury survivors are failing to access the help and support they need to rebuild their lives having had them saved by first-class trauma care. With more people than ever before surviving head and brain injuries, an overhaul is urgently needed in the way community-based neurological rehabilitation is delivered.

It is imperative that while we acknowledge the excellent improvements MTCs are having at the acute stage of care, we do not lose sight of the fact that a life worth saving should be a life worth living."