

Virtual Life Skills Activity Sessions Timetable

Mondays

Times	Activity Session	Platforms
09:30-12:30	Computers	Google Classrooms
09:30-12:30	Daily Living Skills	Google Classrooms
12:30-15:30	Cognitive Skills	Google Classrooms and Zoom

Tuesdays

Times	Activity Session	Platforms
09:30-12:30	Daily Living Skills	Google Classrooms and Zoom
09:30-12:30	Creative Media	Google Classrooms
12:30-15:30	Cognitive Skills.	Google Classrooms and Zoom
1pm	Weekly Zoom Quiz	Zoom

Wednesdays

Times	Activity Session	Platforms
09:30-12:30	Daily Living Skills	Google Classrooms
09:30-12:30	Cognitive Skills	Google classrooms with Zoom session at 1pm
12:30-15:30	IT skills and strategies	Google Classrooms
12:30- 15:30	Music	Zoom at 1pm and material on Google Classroom. Additional sing along sessions can be found on Google Classroom and Headway You Tube channel
12:30- 15:30	Social skills	Google Classroom including virtual meet up, tea and chat on Zoom

Thursdays

Times	Activity Session	Platforms
09:30-12:30	Social Skills	Google Classrooms and Zoom virtual meet up
12:30-15:30	Cognitive Skills.	Google Classrooms and Zoom
1 pm	Social Quiz	Zoom

Fridays

Times	Activity Session	Platforms
09:30-12:30	Rebuild	Google Classrooms
09:30-12:30	IT skills and strategies	Google Classrooms
12:30-15:30	Recreation	Google Classrooms and Zoom
12:30 – 15:30	Art and crafts	Google Classrooms and Zoom